

# STANDING UP FOR TRUTH

*Lessons Learned From The Past: Harmony In The Home*  
The Fruit Of The Spirit Is.....Self-Control  
Galatians 5:22-23

## **Truth:**

“Self-control is strength. Calmness is mastery. You have to get to a point where your mood doesn’t shift based on the insignificant actions of someone else. Don’t allow others to control the direction of your life. Don’t allow your emotions to overpower your intelligence.”

-The Bright Quotes-

### **1. Defining Self-Control... 1 Corinthians 9**

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### **2. Broken Down Walls... Acts 24:25**

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### **3. Self-Control Inventory... Proverbs 6, 21, 23**

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### **4. The Premiere Passage... Titus 2**

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### **5. In Conclusion...**

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