

# STANDING UP FOR TRUTH

*Navigating Home*  
Replacing Worry With Worship  
1 Peter 5:1-14

## Truth:

“An excellent wife who can find? She is far more precious than jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good, and not harm, all the days of her life.”

-Proverbs 31:10-12 ESV-

**Worry and Worship cannot exist in the same space...**

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### 1. Let God carry our burdens....

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### 2. Remember...how much God loves us....

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### 3. God is sovereign...

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### What do I worry about?

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